

KIDSPEACE POLICY
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I. POLICY STATEMENT

KidsPeace recognizes that our clients' wellness and proper nutrition are related to the clients' physical well-being, growth, development, and readiness to learn. Therefore it is KidsPeace's policy to provide programming that promotes the wellness, proper nutrition, nutrition education and promotion, and regular physical activity as part of the total learning experience for the clients' we serve.

- b) Triennial assessment will be made available to the public and include the following:
 - (1) compliance with federal, state, and school district regulations and policies related to school wellness,
 - (2) comparison of KidsPeace policy to the state model policies, and
 - (3) progress toward meeting goals outlined in this policy.
- 3. KidsPeace will provide notification to the public, including clients, parents/guardians, and others in the community about contents, updates, and implementation of this policy. The notification
 - a) Upon admission a client and parent/guardian will be provided notification.
 - b) Other notifications will be done at least annually.
 - c) KidsPeace will utilize methods such as KidsPeace.org, student handbooks, and public notices posted within the program to provide notifications.
 - d) The notification will include at least the following information:
 - (1) how to access the Wellness policy,

- f) Advertising messages are consistent with and reinforce the objectives of the education and nutrition environment goals of the school.
- g) Advertising of foods or beverages in the areas accessible to students during meal times must be consistent with established nutrition environment standards.

- c) classroom education about local agriculture and nutrition,
 - d) field trips to local farms,
 - e) incorporation of local foods into meal programs.
 - 3. Associates responsible for nutrition education will cooperate with agencies and community organizations to provide opportunities for appropriate client projects related to nutrition.
 - 4. Consistent nutrition messages shall be:
 - a) disseminated and displayed throughout the program, classrooms, cafeterias, homes, community, and media
 - b) demonstrated by avoiding use of unhealthy food items in classroom lesson plans and associates avoiding eating less healthy food items in front of clients.
 - 5. Resources about health and nutrition to encourage parents/guardians to provide healthy meals for their children will be available.
 - 6. Clients and parents/guardians may be involved in menu selections through the use of test tasting or surveys.
 - 7. Program leadership, education leadership, teachers, food service personnel, clients, parents/guardians and community members will be encouraged to serve as positive role models through direct programs, communications, and outreach efforts.
 - 8. KidsPeace will support efforts of parents/guardians to provide a healthy diet and daily physical activity for clients by communicating relevant information through various methods.
- F. Food Safety / Food Security Goals
- 1. All foods made available on campus comply with the state and local food safety and sanitation regulations.
 - 2. Hazard Analysis and Critical Control Points (HACCP) plans and guidelines are implemented to prevent food illness in schools.
 - 3. Safety and Security of the food and facility access to the food service operations is limited to the Child Nutrition Associate and authorized personnel.
- G. Eating Environment
- 1. Students should be provided adequate time to eat a meal which starts when the student is seated with a meal in front of them (e.g. 10 minutes for breakfast; 20 minutes for lunch).
 - a) Alternative service models may be utilized to increase meal participation. Examples include but not limited to "grab & go breakfast" and breakfast after first period.
 - b) Meal time will be scheduled at appropriate hours.
 - 2. Drinking water is available for students at meals and throughout the day.
 - 3. Adequate space for eating and service school meals will be provided.
 - 4. Clients will be provided a clean and safe meal environment.
 - a) Access to hand washing or sanitizing will be provided to clients.
 - b) KidsPeace will make every effort to reduce and/or eliminate the likelihood of severe or potentially life-threatening allergic reactions through;
 - (1) documenting known allergies in the client medical record;
 - (2) associate awareness training;

- (3) reasonable accommodations which protects the client's rights and the opportunity to participate fully in programs and activities; and
- (4) rapid and effective response in case of an allergic reaction.

H. Physical Activity

- 1. Age-appropriate physical activity will be provided and integrated across curricula and throughout the school day.
 - a) Time allotted for physical activity will be consistent with research, national and state standards.
 - b)

f) conducted in a method which all clients will learn, practice, and in the developmentally appropriate level;

5. Withholding or using physical activity as a form of punishment is prohibited.

J. Competitive foods

1. Competitive foods are defined as foods offered at school other than through the National School Lunch or School Breakfast Programs. The only competitive foods KidsPeace

- a) program leadership
- b) education leadership
- c) food service associate
- d) client
- e) parent/guardian
- f) health professional
- g) physical education teacher
- h) member of the public

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